



We Said “Yes!” to Magic

The evening of October 6 was truly magical as 85 supporters of South Coastal Village Volunteers gathered at the **Dickens Parlour Theatre** at the **Good Earth Market** to celebrate the organization’s first in-person fund raiser. Thanks to the hard work and attention to detail from SCVV’s Development Team, consisting of **Kathy Green, Karen Taylor, Oksana Hoey and Kathy Johnson**, guests enjoyed a delicious dinner and a highly entertaining magic show.

SCVV is grateful to **Susan Ryan** of the Good Earth Market and **Rich Bloch** of Dickens Parlour Theatre for ensuring the benefit was enjoyable beyond expectations.

Guests were greeted with a glass of champagne provided by **Bacchus Importers LLC** as they entered the lovely new Dickens’ dining room. After an opportunity to socialize, guests were seated at their assigned tables to enjoy the dinner of their choice after a welcome by SCVV Vice Chair **Chris Powers**. Tables were decorated with floral centerpieces, provided by **Salt Air Gardeners**, which were sold with all proceeds donated to SCVV. Wine was served with dinner as the attentive Good Earth staff catered to every need of the diners. All members of the Village’s Steering Committee were in attendance, along with several Strategic Partners. Representing our host organization Village Volunteers, Executive Director Jackie Sullivan, Chairman Steuart Martens and board member Kathryn Byrne came to support SCVV.

Following dinner, guests moved into the theater where they were greeted by SCVV Chair Ron Kerchner, who gave a brief review of the accomplishments of the Village to date.



(l. front) Sharon Padbury, (l. back) Village Volunteers, Executive Director Jackie Sullivan, (r. front) Chairman Steuart Martens (r middle) Board Member Kathryn Byrne and (r. back) Cliff Byrne came to support SCVV.





Jack Gordon, Faith Denault and Carol Olmstead socialize during the cocktail hour.

Yes! To Magic (Continued)

Then they were treated to a delightfully entertaining magic show by Rich Bloch, ably assisted by Liz Bolton (who was left holding the bag), Lois Pastore and Ron Kerchner.

To culminate the evening, participants returned to their tables in the dining room to enjoy dessert and raffle drawings. Lucky winners were awarded several prizes, and the winner of the 50-50, Volunteer Chrissy Fritz, generously donated her portion of the winnings back to SCVV.

Thanks to the generosity of the event's sponsors, the raffle basket donors and those who purchased tickets to attend the event, the evening was a huge success. Funds raised from "Say Yes to Magic!" will enable South Coastal Village Volunteers to help older adults live independently by providing services to our members. If the positive reactions to the benefit by everyone who was there are any indication, the Development Team hit on a winning formula for an annual fund-raiser.



Karen Taylor confers with Good Earth Market waitstaff.



Kathy Green and "Miss Direction" of Dickens Parlour Theatre award raffle prizes.

We are grateful for the support of the following sponsors: **Beebe Health Care, Chesapeake Legal Counsel LLC, County Bank of Delaware, Creative Concepts, Financial Fitness, Lord's Landscaping, Inc., Pohanka of Salisbury, Inc., Scott & Schuman, P.A., Kathy & David Green, Oksana & Robert Hoey, Chris Powers & Alvin Ross, David Szumski & James Carfagno, and Karen Taylor.**



Lois Pastore assists Magician Rich Bloch of Dickens Parlour Theatre.

Spotlight on Member Ruth DeLeon by Jan Gibson

Ruth DeLeon has been a member of South Coastal Village Volunteers for almost two years, and she says “SCVV is a Godsend.” She learned about SCVV when she saw an article in the Villages of Southhampton community newsletter about the organization and knew immediately it was just what she needed. Because she is suffering from macular degeneration, Ruth’s eyesight has been declining rapidly. SCVV volunteers have been taking her to appointments and shopping and fixing things for her.

Ruth was born in 1929 during the Depression. She grew up in the small town of Jeannette, Pennsylvania, which is about 30 minutes east of Pittsburgh, with four sisters and one brother. She attended college at Thiel College in Greenville, Pennsylvania, and after college she moved to the DC area to join her brother and sister in Bethesda, Maryland. Ruth and her husband raised their three boys in Silver Spring, where she lived for 35 years. Ruth was a stay-at-home Mom while her kids were growing up; then she had several jobs after her sons were grown. She was a bookkeeper for many years and also worked in a real estate office in Rockville, Maryland, finally working for Ryan Homes. Currently, one of her sons is in California and the other two still live in Maryland.

Ruth’s husband passed away about 30 years ago. After his death, she and her older sister Dottie purchased the house in the Villages of Southhampton where she still lives. Dottie moved into her own condo for a while, but she came back to Ruth’s house when she was diagnosed with cancer. Ruth took care of Dottie until her death about ten years ago.



Ruth’s sister Vera is also a member of SCVV. Vera lived in Exmore, Virginia but moved to Ocean View when her husband passed away, so Ruth has a sister close by.

Ruth had a miniature poodle named Pierre, who was her constant companion. He lived to be almost 17 years old.

Ruth has three grandchildren and just became a great-grandmother in September, when Athena was born. Athena lives in Montana, but they have met over Zoom.

It was wonderful interviewing Ruth even though she was exhausted from a visit with her 22 month old great niece. It had been a while since she’d had a toddler running around her house! Ruth talks fondly about all of the volunteers at SCVV and is grateful for all the services the organization provides for her.

Spotlight on Volunteer Sheila Bower

by Sally Scarangella



After retiring, Sheila Bower searched for a new purpose in her life, and she found that purpose by joining South Coastal Village Volunteers.

While attending an AARP meeting, Sheila sat next to Vera and Ruth, who are members of SCVV.

When Sheila asked them if they still drove at their age, they told her that they were being picked up after the meeting by a SCVV volunteer. After they explained our organization, Sheila was immediately interested in becoming a volunteer. She was searching for ways to help others since her retirement, and for Sheila, SCVV was perfect. She said, “I believe I make a difference in our members’ lives, and they make a difference in mine.” Helping others brings joy and happiness to Sheila.

Sheila grew up in Westfield, New Jersey where she graduated from Westfield High. She then went on to Houghton College in Western New York and received a B.S. degree in Education and Physical Education. While attending Houghton, she played field hockey. Upon

earning a Master’s Degree at Northern Arizona University, Sheila taught Special Education for sixteen years in Phoenix, Arizona in a K-8 grade school.

After Sheila and her husband, Paul, had their two sons, Sheila stayed home for twenty years taking care of them. One of her sons is an aerospace engineer and the other son coaches men’s soccer and is on the staff at University of Valley Forge in Pennsylvania. For twelve years the entire family vacationed in Delaware where they had a summer house.

Sheila and Paul moved from Phoenix, Arizona to Sussex County one year ago after she retired from teaching. They also wanted to be near their two sons and five grandchildren.

Sheila’s inspiration for helping others comes from her mother, who always volunteered while raising her children. She continues to volunteer at her local food bank to this day, even though she is 90 years old. Sheila, like her mother, has a positive attitude and a love of people. She is extremely active and has many interests. She enjoys anything that involves water – sailing, tubing, kayaking, and swimming in the ocean. She likes jigsaw puzzles and cross stitch projects, and she also enjoys walking, gardening and reading. Her family is very important to her, and she enjoys spending time with all of them. Sheila has been busy with many activities and has found her purpose in volunteering for South Coastal Village Volunteers.

“As you grow older, you will discover that you have two hands – one for helping yourself, the other for helping others.”
– Audrey Hepburn

SCVV Visits the CHEER Center by Liz Bolton

Representatives from South Coastal Village Volunteers had the great pleasure of visiting the CHEER Center in Ocean View on August 10. There were over 30 CHEER members present. SCVV Chair **Ron Kerchner**, Volunteer Co-Chairs **Liz Bolton** and **Lois Pastore** and volunteer **Sheila Bower** spoke about SCVV's offerings and answered many questions during their presentation. Afterwards, the four Village representatives had the opportunity to mingle with the CHEER members and answer even more questions. The meeting was arranged through the efforts of the SCVV Volunteer and Outreach Committee.



SCVV Chair Ron Kerchner chats with a CHEER member.

SCVV Participates in Arts Festival

For the second consecutive year, SCVV had a table on the boardwalk for the Bethany-Fenwick Chamber of Commerce September Arts Festival. This event, held on September 10, offered the opportunity for our organization to hand out information and talk with people who strolled through the vendor tables and purchased the artists' goods. Once again, the volunteers at the SCVV table collected the names of a good number of potential volunteers and some new members as well.

Thanks to **Jack and Joan Gordon, Diane Strobel, Ferne Cooper, Chris Powers, Ron Kerchner** and **Kathy Jankowski** for representing SCVV.



Liz Bolton, Lois Pastore and Sheila Bower (l. to r.) visit the CHEER Center in Ocean View in August.



SCVV Volunteer Forum by Sally Scarangella

The South Coastal Village Volunteers gathered on September 20 for a forum to celebrate our many accomplishments, meet other volunteers, and enjoy a happy hour at the Villages of Southhampton Clubhouse. Volunteers wore their best tropical outfits with colorful shirts, hats, and Hawaiian leis. Thirty-five volunteers attended this very festive meeting.

Before the general meeting started, **Chris Powers**, Vice-Chair of the Steering Committee, had the attendees get into small groups to share memories of working with the members. This also gave the volunteers a chance to get to know each other, and it was entertaining to hear each other's experiences. Then Chris presented highlights of our achievements to date. We now have 46 members and over 87 volunteers and have received donations and grants totaling over \$36,000. Each month there are more than 200 requests from members for services which are organized by our wonderful, friendly office staff.

Chris also went over some important reminders for the volunteers. Volunteers are welcome to join various committees such as Planning, Finance, Development, Membership, Outreach, and Communications. Chris announced that on October 29th, a Volunteer Appreciation Brunch sponsored by AARP will be held at the Lewes Yacht Club, bringing together both Villages.

After the meeting, the Tropical Happy Hour began. **Liz Bolton** and **Lois Pastore** organized this party with food, drinks, and games. A great deal of planning and work went into making this a successful meet and greet.

Volunteers enjoyed a variety of food, including



Steve Rich and Manny Uy show off their outfits.



Bryan Clifford & Darlene Lewis won for best tropical outfits.

meatballs, spanakopita, vegetable platter, assorted cheeses, crackers and dips. Once again, **John McKee** provided a variety of delicious pastries. Wine, beer, rum punch and sodas made everyone extremely happy. In addition to planning the menu, Liz and Lois provided entertainment. There were prizes for the best tropical outfit. Everyone voted and the winners were **Darlene Lewis** and **Bryan Clifford**. Next, there was a beach ball game with prizes.

Volunteers are a special group of people who desire to help others and make a difference in our members' lives. Talking with others at this Volunteer Forum seemed to be a good experience. These forums will be held quarterly.

Sharing Memories of Times Gone By by Sally Scarangella

The inaugural event “**Walk Back in Time**” was a sharing of memories and sentimental mementos with 49 members and volunteers of the South Coastal Village Volunteers. Sweets and Sunshine Committee members, along with co-chairs **Liz Bolton** and **Lois Pastore**, presented this event at the Millville Community Center on October 20. The room was lively and festive with **Nancy Main’s** decorations and **Liz Bolton’s** seasonal table decor. The party brought members and volunteers together for nearly two hours. Among the presenters were:

Connie Nygaard, 87, who worked in Charles County, MD for more than 25 years and brought a cherished ceramic apple presented to her by a student in 1976.

Gary Jayne, 87, who grew up in Long Island, NY and shared a picture of himself and his dog Skippy. He stated he remembered The Depression very well. His father did not have a job and provided for his family by fishing.

Carol Kelley brought a treasured ceramic lighthouse her mother made 50 years ago. Carol is a true “local,” with many stories of her life in Sussex County.

New members **Susan and Ed McGee** brought their wedding photos. They were married in Birmingham, AL in 1965 and have five children. Ed also shared a picture of his father from WWII where he was in charge of the rear gun on the ship, USS Marvin H. McIntyre (APA-129).

Members **Trudy Buerger**, **Betty Harding**, **Karen Taylor**, and **Marilyn Tompkins** also enjoyed the gathering.

Three volunteers contributed part of their history, too.

Liz Bolton had a beautiful 80-year-old quilt her grandmother made for her mother for her wedding on Nov. 2, 1942.

Liz also shared a remnant of her teen years with a Beatles scrapbook she made featuring her favorite Beatles member, drummer Ringo Starr.



Carol Mullen shared a wedding photo, silver candy dish, and white gloves from her grandparents’ wedding more than 80 years ago.

Ferne Cooper worked at the Defense Mapping Agency for 32 years and brought a silk nautical chart from 1950s and a blood “chit” from World War II. A blood chit is a written notice, in several languages, carried by a soldier that identifies the soldier and encourages locals to assist the service member. This concept is over 200 hundred years old and still is used.

Unable to attend, member **Helen Rathbun**, 98, participated via an 11-minute video interview created by Chris Powers and Dick Fox. Born in North Carolina, Helen left home at 18 and went to work at Glenn L. Martin Aircraft and Aerospace Manufacturing Co. in Baltimore. Helen was a “Rosie the Riveter” and placed fuel tanks in the wings of B-26 bombers during WWII, making 65 cents an hour. She then raised her family and drove a school bus in Maryland for 21 years and another 22 years in Ocean City retiring at 79 years old.

Attendees seemed to love the first “**Walk Back In Time**” and the ice cream sundaes served as the program concluded and hope this program will be done again.



Sharing Memories of Times Gone By by Sally Scarangella

(Continued from pg. 7)



Volunteer Sheila Bower and Member Carol Kelley



Member Gary Jayne with a photo of himself as a 5 year old with his dog, Skippy.



Volunteers Liz Bolton holding a silk nautical chart and Ferne Cooper, who explains it.

Flu Shot Clinics

Thanks to the efforts of Office Manager **Diane Strobel** and members **Rob Sullivan** and his wife **Susan**, South Coastal Village Volunteers hosted two flu shot clinics at the Ocean View office. Shots were available on October 18 and 25 from 12 noon to 2 PM for SCVV members and volunteers and employees of the Town of Ocean View. Office staff called members to schedule transportation for them to receive the shots.

The free shots, including "super" shots for older adults, were courtesy of **Safeway of Rehoboth Beach**, and were administered by pharmacist **Susan Sullivan**. Forty-three shots were given over the two days. SCVV thanks the Sullivans and Safeway for this service.



The SCVV Ocean View office was a happening place as members, volunteers and town employees stopped in to get their flu shots. Safeway of Rehoboth sponsored this event and pharmacist Susan Sullivan inoculated 41 people.

Coming Up

VOL. 2
Issue 4



Annual Appeal asking for your support so SCVV can help older adults live independently for as long as possible because of volunteer services and your financial support.



A global day of giving on November 29
- check our Facebook page
[@SCVVolunteers.](#)



2nd Annual Holiday Party
Dec. 8 from 1 - 3 pm
Millville Community Center



Interesting!!



Social Media Report by Madeline Kelly

Our South Coastal Village Volunteers social media is a great way to keep updated on all things happening at SCVV. We post member spotlights, share the names of the winners of the gas gift cards, highlight past events and promote upcoming events.

The best part of our social media page is that we can create awareness in the community for our organization. Folks who have an aging loved one can find more information on membership. Or maybe someone wants to get involved as a volunteer. The more people in the community who know about SCVV, the better.

We would love it if you would “Like” our page on Facebook - @SCVVolunteers. Also, we’d love to feature more of the wonderful members of our SCVV community. If you’re interested in sharing your experiences with SCVV, please reach out to us.

One of our members recently commented on a Facebook page, “This ‘family’ helped me when I needed rides for my doctors’ visits! Thank you, thank you, thank you!”



(L. to r.) Lisa Laird, Chrissy Fritz, Liz Bolton, Peggy Comerford, Carol Mullen, Sheila Bower and Sally Scarangella enjoy the Book Club.

SOUTH COASTAL BOOK CLUB

by Sally Scarangella

On October 3rd, the inaugural meeting of the SCVV Book Club was held at our Ocean View office. Liz Bolton organized this first meeting with ten volunteers participating. **The Second Mrs. Astor: A Heartbreaking Historical Novel of the Titanic** by Shana Abe was the book chosen for this month.

The Second Mrs. Astor is an engaging novel told with both heartbreaking care and vivid detail. The author introduces us to Madeleine Astor and her love for Jack Astor. Madeleine is only 18 years old when she falls in love with the very wealthy, much older man, and scandal follows. This novel brings to life a fascinating piece of history about the sinking of the Titanic.

After a lively discussion, participants enjoyed snacks and delicious cake while discussing their favorite books. For November’s meeting, **Elizabeth’s Field** by local author Barbara Lockhart was selected.

The SCVV Book Club will meet monthly on the first Monday from 3:00 to 4:30 at the office. For our volunteers who love to read, there are books available to borrow at the office. Feel free to browse our collection.





Southern Sussex Rotary Club

Donates to SCVV

Following a presentation to the Southern Sussex Rotary Club this summer by Volunteer/Outreach Co-Chairs **Liz Bolton** and **Lois Pastore**, South Coastal Village Volunteers received a generous donation from the club. Rotary representative **Linda Forte** presented Liz and Lois a check for \$500 late in September. SCVV is very appreciative of the generosity of Southern Sussex Rotary Club. This group is also part of the Senior Pen Pal Group which writes cheerful notes which Linda Forte takes to participants of the Easter Seal Center where she works.

SCVV Volunteer and Member Survey Results

by **Chris Powers**

Thank you to our members and volunteers who completed our surveys earlier this summer. Your feedback was very helpful. In summary, we learned that the best way to share information about our village is through the Coastal Point and other publications as well as our website. Here are some other results:

1. On average, volunteers are willing to do five requests a month using the Self-Select system to identify times that are convenient and serving in ways that they enjoy.
2. Most volunteers prefer not to drive more than fifteen minutes to reach a member. This is helpful as we consider future growth of our service area.
3. Both members and volunteers are interested in social gatherings and educational programs.
4. Volunteers prefer email for sharing information while most members prefer phone calls.
5. 60% of the members say they benefit mostly from transportation services, errands and friendly visits.



Lois Pastore, Liz Bolton, Linda Forte, Sally Scarangella, Sue Cutter and Marilyn Paugh

We have a number of members who rarely use our services. We appreciate their support of our village, and we will be here when they need us.

Volunteers shared wonderful testimonials about the joy that they get serving our members. We were very pleased that our members rate our services as 4.8 out of 5 stars.



Gas Card Gift Cards for Volunteers

To help volunteers defray the cost of gasoline this summer as they provided services for members, SCVV held bi-monthly drawings for gas cards valued at \$25 each in June, July and August. The winners were:

Randy Eich, Ferne Cooper, Ron Calef, Sheila Bower, Toby Guy, Dick Fox, Oksana Hooey, Frank Richards, Janet Sabo, Chrissy Fritz, and Svetla and Bob Lawless.

What People Are Saying . . . And More

Compiled by Jan Gibson

VOL. 2

Issue 4
Fall, 2022

Member testimonials:

"I like the freedom it gives me."

"I like that they are there in time of need."

"I like knowing that help is on the way when I request a service."

Steuart Martens President, The Village Volunteers

"Although the magic was really good, I think the magic our volunteers do every day for our members tops it all. The fact that our members request a service gives us the gift of providing that service and that is truly MAGIC.

Just sayin.

Volunteer testimonials:

"I believe I make a difference in our members' lives, and they make a difference in mine."



South Coastal AARP Chapter 5226

for sponsoring the Volunteer Appreciation Luncheon for both South Coastal Village Volunteer and Village Volunteers at the Lewes Yacht Club on October 29 beginning at noon

Tickled Pint of Bethany Beach

"Shopping with a Purpose"

for their generous donation of \$585 based on September sales. Purchases include a community contribution. Located at 100 Garfield Parkway, #10, Bethany Beach. Please stop in and say thanks on behalf of SCVV.

Current hours are Sunday & Monday: 10 am to 3 pm and
Friday & Saturday: 10 am to 4 pm



Detoxing Your Home

By Steuart Martens

Detoxing means supporting health by removing and minimizing exposure to potentially harmful materials or habits and adding in health-supporting materials and habits. The body detoxes naturally, but giving it extra support can be very beneficial. Health is multidimensional, and health and detoxing are bio-individual.

Below is an example of a clean-living inventory as it relates to the home.

Rate each statement on a scale of 1-5.

1. Strongly disagree 2. Disagree 3. Neutral
4. Agree 5. Strongly agree

- ___ My home environment energizes me and makes me feel good
- ___ I consider ingredient safety when buying cleaning products
- ___ I incorporate natural elements in my home environment - eg. plants, wood, stones, fresh air and natural light
- ___ I drink filtered water
- ___ I'm mindful of my technology use
- ___ My home organization supports efficiency in my daily routine
- ___ I minimize plastic in my home environment
- ___ My home environment supports my overall well-being
- ___ I consider the environmental impact of my home purchases
- ___ I regularly revisit my home environment habits and consider new ways to detox

Total_____

Take an area you scored low in and consider one or two steps you can take to improve. Think about how your home makes you feel. Are you inspired, at peace, joyful, energized, grounded? What about air, water quality, furniture, sustainability, digital devices, color, texture, decorations, photographs?

Our home should support our physical, mental, emotional and spiritual well-being.

Here are 6 good ways to reduce plastics-BPA compound used in the majority of plastics is known for toxicity. It's an endocrine disruptor linked to breast cancer. 1. Get a stainless steel water bottle. 2. Buy unwrapped whole fruits and veggies. 3. Test your tap water and use filtered water. In the US 94% of tap water tests positive for microplastics. Bottled water contains way more microplastics than tap water and there is no regulation of bottled water. 4. Buy glass or aluminum canned drinks. 5. Use stainless steel or glass containers for storage and heating. 6. Avoid plastic cups and utensils.

(Continued pg. 14)



Steuart Martens, a member of the BOD of Village Volunteers, is a National Board Certified Health & Wellness Coach. He is also certified as a Nutrition Health Coach by the Institute for Integrative Nutrition and by the DE Department of Health & Social Services to facilitate classes. He conducts Healthy Eating Workshops.

The information received from Steuart Martens, NBC-HWC/National Board Certified Health and Wellness Coach is intended for your educational use only and is not a substitute for professional medical advice, diagnosis or treatment. Consult your physician before starting any diet, exercise, medication or supplement program or if you suspect that you have a medical problem.



(Continued from pg. 13)

Things to do...

Make electronics safer.

1. Keep routers several feet from where anyone sits for long periods of time.
2. Keep wireless devices out of the bedroom or turn off the Wi-Fi
3. Keep children protected.
4. Use a plug-in headset.
5. Avoid placing WI-FI devices directly on your body.
6. Turn off Wi-Fi router at night.
7. Purchase an RF (radio frequency) monitoring device.

Create a clean home. Inside air is toxic due to furniture cleaning products and even air fresheners. Toxins and VOCs (volatile organic compounds) gases are emitted from certain solids or liquids that can have adverse health effects. They can cause migraines, asthma, fatigue, sore throats and cancer. Home VOCs are 10 times higher inside your home. Bleach, ammonia and strong cleaning products cause COPD in adults.

Things to do:

1. Buy an air monitor.
2. Invest in a high quality air purifier.
3. Air out your home.
4. Avoid heavily scented candles, plug-ins, diffusers and air sprays. Buy fresh flowers and plants.
5. Choose plant based unscented products
6. Be careful about essential oils. Some are high in VOC's. Limit use of essential oil diffusers to 1 hour.
7. Ask about off gassing when buying furniture. Fire retardants and water-proofing are home to VOC's.
8. Opt for VOC free or low VOC paints, varnishes and caulks.
9. Avoid dry cleaning (ask for wet cleaning. It uses fewer chemicals)
10. Choose unscented liquid laundry soap and avoid dryer sheets.



Alzheimer's Awareness

by Elizabeth Phillips

Care & Support Programs
Coordinator, Kent & Sussex
Counties, Alzheimer's Association
Delaware Valley Chapter

November is National Alzheimer's
Disease Awareness and Family
Caregivers Month. To mark these
events, the Alzheimer's Association

celebrates the family members, friends, and volunteers here in the state of Delaware who are currently caring for a person living with Alzheimer's or related dementia. The Alzheimer's Association's Delaware Valley Chapter is happy to be partnering with South Coastal Village Volunteers to help deepen public awareness of the disease as well as provide important information and care and support resources to enhance services to SCVV members.

On **Tuesday, November 15 at 3:00 p.m.**, the Alzheimer's Association will be providing an initial awareness presentation and training workshop on Effective Communication Strategies to SCVV members, staff and volunteers at the SCVV office in Ocean View. **Please contact the office to reserve your place at this session.** In addition to providing information about Association resources and engaging SCVV in its mission, the workshop will explore how communication takes place when someone is living with any form of dementia and how to:

- Understand better the communication changes that take place throughout the course of the disease.
- Learn how to decode the verbal and behavioral messages delivered by someone living with dementia and respond in ways that are helpful to the person.

*Our vision is a world without
Alzheimer's disease®.*

- Identify strategies to help connect and communicate at each stage of the disease.

The communication skills of a person with Alzheimer's or another dementia will gradually decline as the disease progresses. Eventually, he or she will have more difficulty expressing thoughts and emotions. Challenges associated with communication can lead to frustration. However, by understanding what changes may occur, you can prepare, make adjustments and know how to respond, helping to improve communication with SCVV members.

The Alzheimer's Association is the leading voluntary health organization in Alzheimer's care, support and research. Our mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

ALZHEIMER'S  ASSOCIATION®

800.272.3900 | alz.org

Liz Phillips roles include scheduling and presenting Consumer Education Programs, expanding the outreach of Association programs and services in Kent and Sussex Counties, leveraging and developing community partnerships, and recruiting, training and mentoring volunteers.

Steering Committee

The Steering Committee is responsible for completing the day-to-day tasks of organizing the South Coastal Village Volunteers

Ron Kerchner, Chair

Christine Powers, Vice-Chair

Betty Martin, Secretary/Membership
Coordinator

Elizabeth Bolton & Lois Pastore -
Outreach & Volunteers

Jack Gordon - Finance and Government
Liaison

Joan Gordon - Communications/PR

Kathy Green & Karen Taylor - Development
and Marketing

Diane Strobel - Operations Manager

Strategic Partners

Our Strategic Partners are a group of area professionals who have special skills to contribute to the development and operations of the South Coastal Village Volunteers

Debbie Botchie

Christine Connor

Cliff Graviet

David Green

Maureen Hartman

Carol Houck

Charlie Kopay

Madeline Kelley

Michele Morgan

Zita Pennypacker

Annie Raskauskas

John Robbert

Tempe Steen

Claudia Thayne



Contact Us!

South Coastal Village Volunteers

32 West Avenue, Ocean View, DE
PO Box 1453, Bethany Beach, DE 19930
302-500-1281

southcoastalvillage@gmail.com

www.southcoastalvillagevolunteers.org



South Coastal Village Volunteers is a branch of Village Volunteers, an IRS approved 501(c)(3) nonprofit organization.

For more information, visit www.villagevolunteer.org